



Advanced Podiatry Services

Howard A. Penn, D.P.M., F.A.C.F.S.
1271 Ridge Road, Lackawanna, NY 14218
(716) 824-9835 Fax: (716) 827-7095

Diplomate:

American Board
Of Podiatric Surgery

Board Certified in
Foot Surgery

Fellow:

American College of
Foot & Ankle Surgeons

Member:

American
Podiatric
Medical
Association

New York
Podiatric
Medical
Association

American
Diabetes
Association

American
Arthritis
Foundation

Staff Podiatrist:

Mercy Hospital
Our Lady of Victory
St. Joseph Hospital

Caring, soothing

Relief for:

- Corns
- Calluses
- Ingrown nails
- Fungal nails
- Heel Pain
- Bunions
- Hammertoes
- Diabetic foot care
- Arthritic foot care

Convenient Care with you In mind:

- Morning and evening appointments
- 24-hour emergency care
- Same-day appointments
- Most insurances accepted

Post-Operative Instructions for Laser Surgery (Plantar Wart)

1. Stay off foot for 12 to 24 hours. Keep foot elevated during this time.
2. Ice packs, 15 minutes on & 15 minutes off, if needed, for pain.
3. Use plain Tylenol for pain, 1 or 2 tablets every 4 hours as needed.
4. Remove dressing in morning. Cleanse with Betadine Solution. Apply 2" x 2" or 3" x 3" gauze pad with adhesive tape.
5. If blood seeps through bandage on day of surgery, apply sterile bandage over the original dressing. **Do not Remove Original Dressing Until Morning!**

If you have any questions please call our office (824-9835), or after hours, the **emergency** toll-free **Pager number (1-877-836-4783)**; listen to the message, enter your phone number, hang up, and Dr. Penn will call you back shortly.

Website: www.drhowardpenn.com